



MINUTES OF THE BOARD OF SUPERVISORS
COUNTY OF LOS ANGELES, STATE OF CALIFORNIA

Violet Varona-Lukens, Executive Officer
Clerk of the Board of Supervisors
383 Kenneth Hahn Hall of Administration
Los Angeles, California 90012

All Department/District Heads

At its meeting held February 14, 2006, the Board took the following action:

40-A

Supervisor Burke made the following statement:

“During the month of February, many activities are being planned throughout Los Angeles County to focus attention on the importance of preventing heart disease. Coronary Heart Disease is the number one killer of both men and women of all race/ethnic groups aged 45 years and older.

“Once thought of as a man’s disease, heart disease actually kills more women than men, with symptoms and risk factors that can be different from men. More women die from heart disease than the next 5 leading causes combined. Nationally, heart disease causes one woman to die every minute.

“The good news is that heart disease is predictable, preventable, treatable and reversible!

“The Office of Women’s Health is conducting a multilingual *Prevention Matters!* campaign to increase awareness of heart disease symptoms and risk factors among women. This campaign will also encourage women to adopt a healthy lifestyle, and will help ensure that all women have access to education, screenings, and treatment.

“The Board of Supervisors has taken an active leadership role in promoting the importance of a healthy lifestyle by declaring 2006 the ‘Year of Prevention’ and encouraging everyone to reduce their risk of heart disease by being active, eating smart, not smoking, and getting checked regularly.”

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Therefore, on motion of Supervisor Burke, seconded by Supervisor Antonovich, unanimously carried, Board took the following actions:

1. Proclaimed February 2006 as "Heart Health Month" throughout Los Angeles County in recognition of the many activities promoting heart health;
2. Encouraged all Department/District Heads to provide heart health educational activities that promote a healthy lifestyle for department staff, encourage screenings, and coordinate and participate in community outreach activities during February 2006; and
3. Instructed the Auditor-Controller to work with the Acting Director of Health Services in making arrangements to provide "Heart Health Month" information in the February 28, 2006 paychecks of all County employees.

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Copies distributed:
Each Supervisor